



Your mental wellness.
Our mission.

MENTAL HEALTH RESOURCES FOR MONTGOMERY COUNTY

Montgomery County Crisis Center

Immediate response to mental health and situational crises through telephone, walk-in and mobile outreach services. Open 24 hours a day, 7 days a week, 1301 Piccard Drive, Rockville, MD
240.777.4000

Montgomery County Access to Behavioral Health Services

Assistance with obtaining appropriate outpatient mental health or substance abuse services for individuals eligible through the public behavioral health system.

Walk-In assessments and evaluation

Monday - Friday at 9:00 am or 1:00 pm
255 Rockville Pike, Suite 145, Rockville, MD
240.777.1770 or 240.777.4710 (Administrative Line)

Optum Maryland

Implements the public mental health system for individuals with Medicaid and individuals who receive state subsidizations for services.
1.800.888.1965

Mental Health Services for Seniors & Persons with Disabilities

240.777.3990

Childlink

Information and referral service for children birth to 5 years old and their families.
240.777.4769

Montgomery County Screenings/Assessment Services for Children/Adolescents (SASCA)

240.777.1430

2-1-1 Maryland

(2-1-1 Metro-DC & 2-1-1, Virginia is also available)

Link to community health and human resources statewide, 24 hours a day, 7 days a week (free, in over 180 languages). Database with over 5,000 organizations and programs across the state at www.211md.org.

AREA HOTLINES

24-Hour Info, Resources, Supportive Listening and Crisis Intervention

Montgomery County Hotline

301.738.2255

Montgomery County Youth Crisis Line

301.738.9697

ServingTogether (program of EveryMind for Military & Veterans)

1.855.738.7176

DC Access Helpline

1.888.793.4357

For Hearing & Speech Impaired with TTY Equipment

1.800.799.4889

Maryland Crisis Connect

2-1-1, press 1

National Suicide Prevention Lifeline & Veterans Crisis

1.800.273.8255, Veterans press 1

Northern Virginia Crisis Link Hotline

703.527.4077 or text "connect" to 855.11

Relay Service for the Deaf

1.800.735.2258

SELF-HELP & SUPPORT GROUPS

Call to find a group near you

Depression & Bipolar Support Alliance

1.800.826.3632

National Alliance on Mental Illness

1.800.950.6264

Mental Health America

1.800.969.6642



NONPROFIT PROFESSIONAL MENTAL HEALTH SERVICES

Affiliated Santé Group

Medicaid, self-pay
Silver Spring, MD
301.589.2303

Andromeda Transcultural Health Center

Medicaid, sliding scale, private insurance
NW Washington, DC
202.291.4707

Aspire Counseling

Medicaid, Medicare, sliding scale, private insurance
Montgomery County
301.978.9750

Catholic Charities (Non-Sectarian)

Medicaid, sliding scale, private insurance
Rockville, Gaithersburg, Silver Spring and
Wheaton, MD
301.942.1790

Cornerstone Montgomery

Medicaid, private insurance
Bethesda, MD
301.493.4200

Family Services, Inc.

Medicaid, private insurance
Gaithersburg, MD
301.840.2000

Jewish Social Service Agency (Non-Sectarian)

Medicaid, sliding scale, private insurance
Maryland, DC and Virginia
301.816.2633

Mary's Center

Medicaid, Medicare, sliding scale, private insurance
Maryland and DC
1.844.796.2797

Pastoral Counseling & Consultation Centers of Greater Washington-The Imago Center of Greater Washington

Sliding scale, private insurance
Maryland, DC and Virginia
202.670.5065

Lourie Center for Children's Social and Emotional Wellness

Medicaid, some insurance
Rockville, MD
301.984.4444

Willow Oak Therapy Center

Medicaid, sliding scale, private insurance
Rockville, MD
301.251.8965

YOUTH SERVICES CENTERS BY SERVICE AREA

These facilities all accept Medicaid or sliding scale payment.

EveryMind Youth & Family Services

Serving Einstein, Kennedy, Wheaton, Edison HS
and their feeder schools
301.933.2818

Family Services, Inc.

Serving Gaithersburg and Olney
240.683.6580

Serving Damascus, Northwest, Poolesville, Quince
Orchard, Seneca Valley, Clarksburg HS and their
feeder schools
301.972.0307

Rockville Youth & Family Services

Serving Richard Montgomery, Rockville,
Wootton HS and their feeder schools
240.314.8310

YMCA Youth & Family Services

Serving Bethesda-Chevy Chase, Blair, Blake,
Churchill, Paint Branch, Springbrook, Walter
Johnson, Whitman HS and their feeder schools
301.593.1160

HOSPITALS

Inpatient and/or Outpatient Treatment and
Doctor Referrals

Adventist HealthCare

Rockville, MD
301.251.4500

Children's National Medical Center

Rockville, MD
301.762.2424

Holy Cross Hospital

Silver Spring and Germantown, MD
301.754.8800

MedStar Montgomery Medical Center

Olney, MD
301.774.8882

Suburban Hospital

Bethesda, MD
301.896.3100

Washington Adventist Hospital

Silver Spring, MD
240.637.4000