



SUBURBAN HOSPITAL

JOHNS HOPKINS MEDICINE

Behavioral Health

Located within Suburban Hospital, our Behavioral Outpatient Mental Health Services program offers a comprehensive clinical continuum to provide the least restrictive, most effective level of care to individuals and their families. Our goals are to support a successful discharge from inpatient status or to avert hospitalization by providing intensive outpatient programming.

These services are intended to complement concurrent individual therapy. Clients need to be referred by a provider, Emergency Department or an inpatient unit.

Partial Hospitalization/ Intensive Outpatient Program

Clients appropriate for these programs are 18 years and older, have a mental health diagnosis and are able and willing to participate in a group therapy program.

The Partial Hospitalization Program (PHP) and Intensive Outpatient Program (IOP) are open Monday through Friday from 8:45am to 3:15pm. Lunch is provided. These programs are accredited and accept most insurance plans including Medicare and Medicaid.

Schedule

The Partial Hospitalization Program (PHP) is a five day a week program. The Intensive Outpatient Program (IOP) is three days per week Mondays, Wednesdays, and Thursdays.

The *PHP and IOP* are 6½-hour programs. Each day is structured in the following way:

8:45 a.m. - 9:30 a.m.	Assessment Group
9:40 a.m. - 10:40 a.m.	Process Group
11:05 a.m. - 12:15 p.m.	Art Therapy/ Skills
12:15 p.m. - 1:15 p.m.	Lunch with other group members
1:15 p.m. - 2:15 p.m.	Skills/ Psycho-educational group
2:25 p.m. - 3:15 p.m.	Wrap-up Group

Referral Process

From an inpatient facility, the discharge planner will contact the staff at the program to coordinate a referral.

From the community, your provider (therapist, psychiatrist or primary care physician) will complete a referral form. You or your provider can request a referral form via fax or email by calling 301-896-2586. We also require a physical exam within the last 30 days. Once we have both the referral form and physical exam results, your information will be processed and referred with for an intake assessment.

Family Support Group

This group is open to family and significant others of the patients who are enrolled in the PHP or IOP. The groups meet every Tuesday from 6 p.m. to 7 p.m. in the group room in the 7th floor. This program is free of charge and is designed for family members to support each other and learn about the program.

Learn More

For more information, please contact our Outpatient Services at 301-896-2586. For general information regarding Suburban Hospital's Behavioral Health Services, or referral to a physician or therapist, please call 301-896-3939.

We also offer inpatient and other specialty programs. Learn more about Suburban's [behavioral health services](#).

The Concerned Persons Program

The Suburban Hospital Addiction Treatment Center offers a free program for family and other concerned persons that is held at our Outpatient facility which is located at:

**6001 Montrose Road, Suite 102
Rockville, MD 20852
301-896-2036**

Please note that the class is held in Suite 200A on the 2nd floor

The Concerned Persons Program is a series of 7 comprehensive lectures aimed at educating family and friends about the treatment process and Substance Use Disorders (SUD). There is no fee for the family program and as many friends or family members as are interested are encouraged to attend.

We know from experience that our clients benefit greatly from having family members and significant others involved in the treatment process.

Please feel free to call us if you have any questions or concerns. We'll be glad to help!

**Addiction Treatment Center
6001 Montrose Road, Suite# 102
Rockville, MD 20852
T: 301-896-2036
F: 301-881-7428**



Suburban Hospital Outpatient Addiction Treatment Program

Addiction Treatment

Suburban Hospital's Addiction Treatment Center offers a comprehensive program of counseling and education for those facing the difficulties and complications often associated with Substance Use Disorders.

Located at a convenient site in Rockville, Maryland, the Outpatient Addiction Treatment Program offers a broad range of Substance Use Disorder services for adolescents and adults, including:

- Evaluation services
- A dual diagnosis intensive outpatient program
- Structured outpatient programs
- Adolescent substance abuse education and outpatient treatment
- On-site Parent Al-Anon and Recovery Support meetings
- Access to information about other local Recovery Support meetings

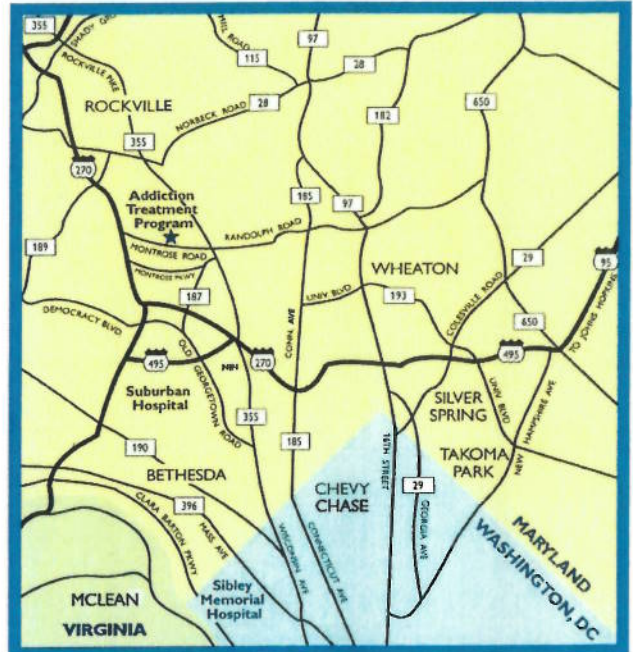
Our services are approved for coverage by some insurance companies and managed care plans.

Evaluation Services

Our staff is committed to making the evaluation process comfortable and educational for all involved. Evaluations are conducted by our clinical staff. They take a complete biopsychosocial history that becomes a primary tool in formulating an individualized plan of treatment. The evaluation data provides the basis for diagnosis and admission into the outpatient program if appropriate. The evaluation typically includes gathering information from the client's family, significant other, and/or employer or school. This can be completed in one to two hours.

Our Staff

Our staff includes licensed clinical social workers, licensed professional counselors, licensed clinical alcohol and drug counselors, master's prepared addiction counselors and certified addiction counselors.



Contact Us

We are available Monday through Friday, 8 a.m. to 8 p.m. To make a referral, speak to a counselor or obtain more information, call **301-896-2036**.

Outpatient Behavioral Health Services

6001 Montrose Rd, Suite 102 | Rockville, Md. 20852
suburbanhospital.org/addictiontreatment.



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